

# Conversation on Compassion Master Schedule of Events

## January 17-19

Reading Circles (Read pages 1-90 from Karen Armstrong's *Twelve Steps to a Compassionate Life*)  
East Campus, January 17 1:00-2:15 pm Room 5-112  
West Campus, January 19 1:00-2:15 pm Room 11-106  
Osceola Campus, January 19 1:30-2:30 pm Room 3-208

## Monday January 23

Kick-Off Event, Mall Area East Campus

8:00 am -12:00 pm

8:00-8:45 am

Metta Lovingkindness Meditation

9:30 -10:15 am

Metta Lovingkindness Meditation

Workshops, East 3-113

1:00-2:00 pm

Workshop: *The Unexamined Life is Not Worth Living*

David Sutton, Presenter

2:30-3:30 pm

Workshop: *The Heart of Listening*

Mollie McLaughlin, Presenter

4:00-5:00 pm

Workshop: *Abimsa Begins in the Heart*

Penny Villegas, Presenter

## Tuesday January 24

Keynote Address, East Campus Performing Art Center

12:30 pm

Doors open in the Performing Arts Center

1:00 pm

Dr. Bernice King, *Raising the Standard*

2:30 pm

Book Signing with Dr. Bernice King

## Wednesday January 25

Workshops, East 3-113

8:30- 9:30 am

Workshop: *Mindfulness and the Non-self*

Eli Solis, Presenter

10:00-11:00am

Workshop: *Knowledge as a Step to Compassion*

Dr. Yasmeen Qadri, Presenter

11:30 am -12:30 pm

Workshop: *Ayurveda & Harmony: India's Ancient Wisdom Healing Tradition*

Subhas R. Tiwari, Presenter

Art Exhibit, East 3-113

12:30-1:00 pm

Art Gallery Exhibit: *The ABC's of the Abrahamic Faith:*

*Pages from an Illuminate Manuscript:*

The work of the Multifaith Education Project

Multifaith Forum, East 3-113

1:00-2:30 pm

*Is Religion Relevant?*

Forum in partnership with Seminole State College and the

Whitehouse Interfaith and Community Service Campus Challenge

## Thursday January 26

Workshops, East 3-113

8:30-9:30 am

Workshop: *Self-Leadership and Peacebuilding*

Dr. Judi Addelston, Presenter

10:00-10:30 am

Workshop: *Metta: A Meditation on Lovingkindness*

Buffy Pilloud, Presenter

11:30 am - 12:30 pm

Workshop: *The Power of Forgiveness*

Paul Chapman, Presenter

1:00 -2:00 pm

Workshop: *Compassion Toward the 'Other'*

Liz Jusino, Presenter

Film Screening, West Campus Special Events Center

6:30-9:00 pm

*Pray the Devil Back to Hell*

Hosted by the West Campus HEROS Club, in partnership with

The Global Peace Film Festival

Post-film discussion led by Agnes Umunna,

Liberian radio host and author of *And Still Peace Did Not Come*