

## Classroom Behavioral Intervention and Support (CBIS) Behaviors of Concern & Best Practice

### Behaviors of Concern

#### Distressed Student

Exhibits behavior that causes concern for the personal well-being of that student rather than creating a worry for his/her impact on you or on the classroom. Ex: marked changes in student's performance and/or appearance; repeat requests for special considerations; appearing overly nervous



### Best Practices

#### Distressed Student

- Speak w/student privately
- Document all conversations
- Encourage student to meet w/ counselor
- Do not promise absolute confidentiality
- Contact your Dean and/or Dean of Students

#### Disturbed Student

Exhibits irrational behavior that makes others feel vaguely uncomfortable. Ex: disjointed thoughts; incongruent and/or inappropriate emotional responses; frequent or high levels of irritability; suspicious or paranoid thoughts; written assignments with concerning themes



#### Disturbed Student

- If there's no immediate threat, speak with student privately
- Express concern for behavior & set limits
- Do not reinforce delusions
- Acknowledge feelings w/o supporting misperceptions

#### Disruptive Student

Exhibits behavior that makes it difficult for routine work or teaching to take place due to the negative impact it has on those around. Ex: failure to comply with directives; unruly or abrasive actions; bizarre behavior (talking to someone who isn't there); monopolizing of classroom discussion



#### Disruptive Student

- Speak with student privately
- Avoid escalating the situation
- If student continues to disrupt, ask student to leave the classroom
- If student is uncooperative in leaving the classroom, contact security

#### Dangerous Student

Exhibits behavior that threatens the safety or well-being others. Ex: harassment or stalking, brandishing a weapon; specific threats of physical harm; expresses suicidal thoughts; intimidating behavior



#### Dangerous Student

- Contact security immediately
- If student poses a danger to others, dismiss the class
- Do not attempt to keep the dangerous student from leaving the room

### Important Numbers

**Emergency** 911

#### **Campus Security**

West 407-582-1000  
 East 407-582-2000  
 Downtown Center 407-582-3000  
 Osceola 407-582-4000  
 Winter Park 407-582-6000  
 Sand Lake Center 407-582-6750  
 Lake Nona 407-582-7000  
 Criminal Justice Institute 407-582-8000

#### **Deans of Students**

West 407-582-1344  
 East 407-582-2377  
 Osceola 407-582-4141  
 Winter Park 407-582-6908

#### **Counselors**

West 407-582-1371  
 East 407-582-2312  
 Osceola 407-582-4192  
 Winter Park 407-582-6885

**BayCare** 800-878-5470

- Be aware of the location of the nearest telephone whether it is in the building or on a personal cell phone.
- If you are concerned for your safety or that of others, call 911 immediately
- When in doubt, call 911

### Distressed/Disturbed/Disruptive

Behavior that may not pose an immediate threat but causes a concern for the individual student or may impact the classroom environment

#### **Observe & Document**

- Observe actions & interactions with others
- Document all incidents, conversations and behaviors out of the ordinary

#### **Consult & Refer**

- Speak with the student privately
- Express concern for behavior & set limits
- Refer students to Dean of Students Office/Counselor
- Document the conversation

#### **Inform**

- Contact Security if there is a concern of safety
- Contact your Dean/direct report
- Contact the Dean of Students Office

### Disruptive/Dangerous Student

Behavior that interferes with the normal processes of the classroom and/or threatens the well-being or safety of self or others

#### **Alert & Diffuse**

- Contact 911/Security immediately
- Avoid physical contact & speak calmly
- Dismiss class if necessary

#### **Document & Inform**

- Document the nature of the incident & all parties involved or privy to information
- Share all information with security
- Contact your Dean/direct report

#### **Follow-up & Refer**

- Address class regarding the incident
- Filter any student concerns about incident
- Refer students to Student Services as necessary