

# Valencia College

## 2017-2018 Program Guide for the Associate in Science Degree in Nursing, Traditional Track

**Admission requirements are subject to change. Please check for any admission updates:**  
[valenciacollege.edu/west/health/admissionupdates.cfm](http://valenciacollege.edu/west/health/admissionupdates.cfm)

### Application Deadlines:

Please check [valenciacollege.edu/health](http://valenciacollege.edu/health), Apps & Deadlines, Nursing, Traditional

The Nursing, Traditional Track Program at Valencia is a limited access program based upon available seats. Students will be admitted into the Nursing, Traditional Track Program on a first-come, first-served basis once all admission requirements have been satisfied (please see admission checklist below). **The Traditional Nursing Program admits for Fall, Spring and Summer terms.**

**The admission requirements that MUST be satisfied PRIOR to submitting an application for the Traditional Nursing Program are:**

- \_\_\_\_\_1. Read about the Nursing, Traditional Track admission and program requirements at [valenciacollege.edu/health](http://valenciacollege.edu/health) and the Valencia Catalog <http://valenciacollege.edu/catalog/>; read this program guide in its entirety and confirm you are capable of meeting the Core Performance Standards listed within this guide.
- \_\_\_\_\_2. Be a U.S. Citizen, a U.S. permanent resident or an International Student.  
**International Student:** legal immigrant/visa status with employment authorization. See the U.S. Department of State directory of visa categories to verify visa employment options:  
<https://travel.state.gov/content/visas/en/visit/visitor.html>
- \_\_\_\_\_3. Attend a Health Sciences Information Session (**strongly recommended**). Information Session dates are posted on the Health Sciences website at: [valenciacollege.edu/health](http://valenciacollege.edu/health).
- \_\_\_\_\_4. Submit a completed Valencia Application for Admission via Valencia's website at <http://valenciacollege.edu/>, click on **Future Students, Admissions**, and pay the application fee; satisfy the requirements for Degree-Seeking Status, including submission of all official transcripts, and be in Active Student Status.
- \_\_\_\_\_5. Satisfy the Valencia entry testing requirements and satisfactorily complete any mandatory courses in Reading, Professions of Caring or New Student Experience, Mathematics, English and English for Academic Purposes in which you are placed (must be at college-level for Reading, Mathematics, and English). For more information about Mandatory Courses:  
<http://catalog.valenciacollege.edu/entrytestingplacementmandatorycourses/mandatorycourses/>
- \_\_\_\_\_6. **Complete the following science prerequisites with a minimum combined GPA of 3.0 (and a minimum grade of C):**
  - BSC 2093C Anatomy and Physiology I
  - BSC 2094C Anatomy and Physiology II
  - MCB 2010C Microbiology
- \_\_\_\_\_7. **Complete the remaining 5 prerequisites with a minimum combined GPA of 3.0 (and a minimum grade of C):**
  - PSY 2012 General Psychology
  - DEP 2004 Developmental Psychology
  - ENC 1101 Freshman Composition
  - \*HUN 2202 Essentials of Nutrition with Diet Therapy
  - Humanities (See Gen. Ed. Core or Institutional Requirement)

**\*HUN2202 - Students who have completed a college Nutrition course of two or more credits (e.g. HUN 1201) that did not include Diet Therapy may request permission in the Health Sciences Advising Office (email: HealthScienceApplications@valenciacollege.edu) to complete the one-credit HUN 2015 Diet Therapy for Health Care Professionals, which may be in progress at the time of program application, but must be completed with a minimum grade of C (or minimum grade needed to maintain 3.0 general education prerequisite GPA) by the program start date. If taken, HUN 2015 and the initial Nutrition course will combine to substitute for HUN 2202 unless the student has already attempted the required HUN2202 course. Therefore, if a student has HUN2202 on his/her record, then HUN2015 with the initial nutrition course is not an option to meet program entry requirements**

- \_\_\_\_\_8. The grade for each prerequisite must be posted to your Valencia transcript (prior to application).
- \_\_\_\_\_9. **Have a minimum overall college GPA of 3.0, including all undergraduate transfer coursework.**
- \_\_\_\_\_10. Successfully complete the designated entrance exam, Test of Essential Academic Skills (TEAS), with scores posted to your Valencia record (exam requirement subject to change). Paper copies of scores are NOT accepted. The examination fee is the responsibility of the student. Information and verification about the TEAS may be found at <http://valenciacollege.edu/assessments/>. To verify receipt of scores, email the Assessment Office at: [Assessment@valenciacollege.edu](mailto:Assessment@valenciacollege.edu)
- \_\_\_\_\_11. After completing Numbers 1 – 10, submit a completed Valencia Nursing, Traditional Track Program application via **Atlas** and pay the \$15 non-refundable Health Sciences program application fee. The online application can be found via **Atlas** (Login to [Atlas](#), Click on **Students** tab, under Student forms, **Applications, Health Sciences Online Applications**, then **Nursing, Traditional**).

**Estimated program costs can be found at:** <http://valenciacollege.edu/west/health/AdmissionUpdates.cfm>

***GUIDELINES for ALL HEALTH SCIENCE LIMITED ACCESS PROGRAMS  
(EXCEPT THE BACHELOR DEGREE PROGRAMS and ADVANCED TECHNICAL CERTIFICATES)***

Valencia's Health Sciences programs are offered through the Divisions of Allied Health and Nursing, which provide information about specific admission criteria for the programs. The Health Sciences Program Guides, of which this is one, are developed for a specific academic year (August to July) and, as a rule, changes to admission and program requirements become effective at the start of an academic year; however, **Valencia College reserves the right to make changes in admission and program requirements as circumstances require.** If a mid-year change becomes necessary, it will be indicated in the information for the specific program at <http://valenciacollege.edu/west/health/AdmissionUpdates.cfm>.

Students interested in a health sciences career are encouraged to explore the many challenging and rewarding opportunities available in health professions. The health sciences programs may have clinical experiences that expose the student to blood borne pathogens via contact with bodily fluids such as blood and saliva. Students accepted into these programs will be expected to adhere to Centers for Disease Control (CDC) guidelines for the use of Standard Precautions. The CDC defines standard precautions as "a set of precautions designed to prevent the transmission of HIV, Hepatitis B virus (HBV), other blood borne pathogens when providing first aid or health care." Under standard precautions, blood and certain body fluids are considered potentially infectious for HIV, HBV, and other blood borne pathogens. Students will be expected to adhere to hand hygiene protocols and consistent use of personal protective equipment including masks, gloves and eyewear. In some of the health sciences programs, students may need to conduct peer-to-peer examinations in lab settings.

Valencia offers eight health sciences programs which lead to an A.S. degree. They are the Cardiovascular Technology, Dental Hygiene, Diagnostic Medical Sonography, Emergency Medical Services Technology (including EMT and Paramedic technical certificates), Health Information Technology, Nursing (R.N.), Radiography, and Respiratory Care. Admission to these programs is limited because of clinical facilities and staff. Once you complete your A.S. degree in Nursing, you can continue at Valencia to earn a bachelor-level Advanced Technical

Certificate (ATC) in Echocardiography or in Leadership in Healthcare. With additional education at the bachelor's level and professional experience, you will enhance your skills and have more career options available.

Students whose official records indicate they are seeking admission to a limited access Associate in Science (A.S.) health sciences program will have the health sciences program designated as their secondary major and the Associate in Arts (A.A.) Degree designated as their primary major in order to maximize their educational opportunities. If the student has already earned a Bachelor's or A.A. degree, the student will not have A.A. designated as a primary major.

Most programs have an application deadline, but some do not. If a program application deadline falls on Saturday, Sunday or a Valencia holiday, the deadline will become the following Valencia business day. Health Sciences program applications are available at [valenciacollege.edu/health](http://valenciacollege.edu/health). Program applications received after the deadline date will not be considered for the identified term. Students who are not accepted will need to reapply for a future term.

Students must complete the Valencia Application for Admission and the application for the specific health sciences program. Admission to Valencia does not imply acceptance to the health sciences program.

Students may apply to more than one limited access Health Science program; however, enrollment is limited to only one Health Sciences program in a term. A new program application is required if reapplying for admission. Having previously earned a college degree does not grant an advantage in admission to a Health Sciences program that does not require a degree for admission nor does it exempt students from taking the Test of Essential Academic Skills (TEAS) if the TEAS is required for admission to the program.

All communication from Valencia relative to program admission will be via your **Atlas e-mail address**. Written communication you initiate with Valencia staff should also be via your Atlas e-mail account and should include your full name and your Valencia ID number.

## **BACKGROUND CHECK, FINGERPRINTING, DRUG TESTING, IMMUNIZATIONS AND CPR CERTIFICATION**

The Health Sciences programs include student clinical rotations in external affiliate health care facilities with which Valencia has agreements for student clinical assignments. The affiliates' policies require that students serving in a clinical rotation be cleared of offenses that would disqualify them from participating in student clinical assignments. Thus, all students **conditionally\* accepted** to a Health Sciences program are required to submit to a criminal background check, fingerprinting and drug testing as well as provide documentation of specific immunizations and American Heart Association (AHA) and Basic Life Support (BLS) CPR certification **following acceptance to a program**. The timeframe for meeting these requirements will be provided in the Orientation information that will be sent to the student upon acceptance through ATLAS email.

NOTE: Non-Immigrant visa holders must complete their background check, fingerprinting, drug testing, immunizations and CPR certification at least six months in advance of the anticipated start term.

**\*If you have a positive background check, fingerprint or drug screening, you *may* be denied enrollment in a Health Sciences program due to the inability to participate in a student clinical assignment.** If you have concerns regarding known background issues, it is recommended that you email questions to [hscompliance@valenciacollege.edu](mailto:hscompliance@valenciacollege.edu).

## **MANDATORY ORIENTATION**

The mandatory program Orientation for accepted students usually is held four to six weeks prior to the program start date. Once accepted to a program, students will receive an email via ATLAS regarding the Orientation date, requirements and deadlines. The Orientation materials will give the student information regarding the processes for completing background checks, fingerprinting, drug screening, and other requirements through CastleBranch.com.

## **TRANSPORTATION TO CLINICAL SITES**

If accepted to a program, students will be responsible for furnishing transportation to the community and/or hospital facilities used by Valencia for clinical practice.

## **NURSING CORE PERFORMANCE STANDARDS FOR ADMISSION AND PROGRESSION**

Nursing is a practice discipline with cognitive, sensory, affective, and psychomotor performance requirements. Based on these requirements, the following list of "Core Performance Standards" has been developed. Each standard has an example of an activity or activities, that a student will be required to perform while enrolled in the Nursing Program. These standards are a part of each Nursing course and of the professional role expectation of a Nurse.

For the purpose of the Nursing Program, a "qualified individual with a disability is one who, with or without reasonable accommodations or modifications, meets the essential eligibility requirements for participation in the program." The Division of Nursing at Valencia makes no preadmission inquiries concerning an applicant's disability status. Information related to an applicant's disabilities is not a part of the information reviewed by the Admission Committee.

These Performance Standards should be used to assist students in determining whether accommodations or modifications are necessary for the student to meet program requirements. A student who identifies potential difficulties with meeting the Performance Standards should communicate his/her concerns to an advisor in the Office for Students with Disabilities. The student has the responsibility to identify and document the disability and to request reasonable and appropriate adjustments. Determination is made on an individual basis as to whether any accommodations or modifications can be reasonably made.

**NURSING**  
**CORE PERFORMANCE STANDARDS FOR ADMISSION AND PROGRESSION**

<b>ISSUE</b>	<b>STANDARD</b>	<b>EXAMPLES OF REQUIRED ACTIVITIES (NOT ALL INCLUSIVE)</b>
Critical Thinking	Critical Thinking ability sufficient for safe clinical judgment.	<ul style="list-style-type: none"> <li>* Identify cause-effect relationships in clinical situations.</li> <li>* Evaluate assessment data to ascertain appropriate measures that are of diagnostic value.</li> <li>* Practice positive problem solving and coping skills when faced with adversity.</li> <li>* Assess patient's condition and needs from a distance of at least 20 feet.</li> <li>* Based on assessment data; initiate proper emergency care protocols, including notification of Rapid Response team, initiating CPR.</li> </ul>
Interpersonal	Interpersonal abilities sufficient to interact with individuals, families and groups from a variety of social, emotional, cultural, and intellectual backgrounds.	<ul style="list-style-type: none"> <li>* Establish rapport with patients, families, and colleagues.</li> <li>* Display compassion, empathy and concern for others.</li> <li>* Work collaboratively with other healthcare providers in stressful situations.</li> <li>* Cope with anger/fear/hostility of others in a calm way.</li> <li>* Handle multiple priorities in stressful situations.</li> <li>* Concentrate and focus attention</li> </ul>
Communication	Communication abilities sufficient for interaction with others in verbal and written form.	<ul style="list-style-type: none"> <li>* Communicate verbally in English to the patient in order to: converse, explain treatment procedures, initiate health teaching, relieve anxiety, gain their cooperation, document and interpret nursing care actions and patient responses.</li> <li>* Speak with other members of the health care team utilizing effective verbal communication skills.</li> <li>* Read and cognitively comprehend written materials, the patient's medical record and/or physician's orders.</li> <li>* Write using a legible and concise documentation style which is readable and in the English language including documentation in electronic medical record.</li> <li>* Skill in the use of personal computers and general office software.</li> </ul>
Mobility	Physical abilities sufficient to move from room to room and maneuver in small spaces.	<ul style="list-style-type: none"> <li>* Move around in patient's rooms, work spaces and treatment areas,</li> <li>* Assist all patients, according to individual needs and abilities, in moving, twisting, turning, kneeling, bending and maintaining balance in administering nursing care and procedures.</li> <li>* Able to lift and or support at least 25 lbs. in order to reposition, transfer, and ambulate patients safely.</li> <li>* Able to push/pull a minimum of 100 lbs. such as pushing stretchers, beds, wheelchairs and other transportation device without injury to self, patient, or others.</li> </ul>
Motor Skills	Gross and fine motor abilities sufficient to provide safe and effective care.	<ul style="list-style-type: none"> <li>* Accurately able to draw up medications without contaminating the syringe/needle.</li> <li>* Calibrate and use equipment.</li> <li>* Position patient as necessary for nursing care or procedures.</li> </ul>
Hearing	Auditory abilities sufficient to monitor and assess patient needs, and to provide a safe environment.	<ul style="list-style-type: none"> <li>* Hear a patient talk in a normal tone from a distance of 20 feet.</li> <li>* Hears monitor alarms, emergency signals, cries for help and overhead pages.</li> <li>* Hears sounds that indicate changes in patient's physiological condition (i.e. breath sounds, blood pressure, apical pulse).</li> </ul>
Visual	Visual ability sufficient for observation and assessment necessary in the operation of equipment and care of patients.	<ul style="list-style-type: none"> <li>* Observe the patient in order to assess the patient's condition and responses to nursing care and procedures.</li> <li>* Has ability for frequent use of far vision (clarity of vision at 20 feet or more), near vision (clarity of vision at 20 inches or less), color vision, depth perception, and seeing fine details.</li> </ul>
Tactile	Tactile ability sufficient for patient assessment and operation of equipment.	<ul style="list-style-type: none"> <li>* Frequently perform simple grasping, firm grasping, fine manipulation, to perform nursing skills such as insertion of foley catheter, insertions of IV's</li> <li>* Perform palpation, tactile assessment, functions of physical examination and/or those related to therapeutic intervention (i.e. changes in skin temperature, edema, etc.).</li> </ul>

**VALENCIA COLLEGE DIVISIONS OF ALLIED HEALTH AND NURSING**  
**Sample Form of the Health and Physical Core Performance Requirements**

Asses Ability to Meet Program Requirements	Y E S	N O	If NO, Note Limitations	Asses Ability to Meet Program Requirements	Y E S	N O	If NO, Note Limitations
<b>General Requirements</b> (has the ability to...)				<b>Require Lifting</b> (ability to lift...)			
Sit				25 to 34 lbs.			
Stand				35 to 50 lbs.			
Walk				Up to and over 100 for some Clinical Areas			
Bend							
Kneel							
Crouch				<b>Pushing/Pulling</b> (ability to push and pull...)			
Twist				Up to and over 100 for some Clinical Areas			
Maintain Balance							
Reach							
Climb Stairs							
<b>Sensory Requirements</b> (has ability for...)							
Far Vision							
Near Vision				<b>Hand Manipulation</b> (ability with...)			
Color Vision				Simple Grasping			
Depth Perception				Firm Grasping			
Seeing Fine Details				Fine Manipulation			
Hearing Norm Speech				Use of Keyboards			
Hearing Overhead Pages							
Infectious Diseases				<b>Mental &amp; Emotional</b> Requirements (ability to...)			
Chemical Agents				Cope with high level of stress			
Dust, Fumes, Gases				Make decisions under high pressure			
Extremes in Temperature or Humidity				Cope with anger/fear/hostility of others in a calm way			
Hazardous or Moving Equipment				Concentrate			
Loud Noises				Handle a high degree of flexibility			
				Handle multiple priorities in stressful situations			
				Demonstrate high degree of patience			
				Work in areas that are close and crowded			
				Verbally Communicate under stress			

# Nursing, Traditional Track

## Associate in Science Degree (CIP# 1351380100)

(A.S. to B.S. Career Path)

### Limited-Access

This program is designed for students who are seeking employment as registered nurses.

Graduates of this program are eligible to take the National Council Licensure Exam (NCLEX-RN), which measures the competencies needed to perform safely and effectively as a newly licensed, entry level nurse registered nurses. According to the laws governing state licensure, any candidate who has been arrested or convicted of any offense other than minor traffic violations will be required to petition the State Board of Nursing where they will take the NCLEX-RN licensure exam for permission to sit for the licensing exam. Completion of the nursing program does not ensure permission to sit for the licensing exam. Graduates of this traditional A.S. program may transfer to any Florida public college or university to complete a B.S.N (Bachelor of Science in Nursing) Program. Students wishing to transfer any credits from this program to another institution must accept responsibility for securing approval from the transfer institution.

This program has been coordinated with local healthcare agencies, the State Department of Education and the State Board of Nursing and is accredited by the Accreditation Commission for Education in Nursing (ACEN) 3343 Peachtree Road N.E., Suite 850, Atlanta, GA. 30326.

The Nursing Programs at Valencia College are a limited-access program. Admission to Valencia College does not imply acceptance to the Nursing Program; students must apply and be accepted to the program. General admission procedures for this program are found in the Admissions section of this catalog. The Division of Nursing provides information about specific admission criteria. Estimated program expenses are given in the financial section of this catalog.

## Admission requirements that must be satisfied prior to submitting an application to the A.S. Degree Program in Nursing, Traditional Track are:

- Submit a completed Valencia Application for Admission; satisfy the requirements for Degree-Seeking Status and be in active student status
- Satisfy the college entry testing requirements and satisfactorily complete all mandatory courses in reading, student success, mathematics, English, and English for Academic Purposes in which you are placed
- Satisfactorily complete the general admission requirements for Health Sciences programs in the Admissions section of this catalog

### Applicants must have a minimum overall college GPA of 3.0 (including transfer coursework)

Students are strongly encouraged to consult their campus based health sciences advisor for assistance in determining the best education plan for their career goals.

### Complete the following prerequisites with a minimum combined GPA of 3.0 (and a minimum grade of C):

PSY 2012	GENERAL PSYCHOLOGY <sup>++</sup>	3
DEP 2004	DEVELOPMENTAL PSYCHOLOGY <sup>+</sup>	3
ENC 1101	FRESHMAN COMPOSITION I (GR) <sup>++~ (GR)</sup>	3
HUN 2202	ESSENTIALS OF NUTRITION WITH DIET THERAPY <sup>+</sup>	3
Humanities	See Gen. Ed. Requirement	3

### Complete the following science prerequisites with a minimum combined GPA of 3.0 (and a minimum grade of C):

BSC 2093C	HUMAN ANATOMY AND PHYSIOLOGY I <sup>++~</sup>	4
BSC 2094C	HUMAN ANATOMY AND PHYSIOLOGY II <sup>++~</sup>	4
MCB 2010C	MICROBIOLOGY <sup>++~</sup>	4

- Satisfy all of the entrance requirements (including admission examinations) for Health Sciences/Nursing programs
- Submit the completed Valencia Nursing Program application with the application fee

## Start Right

Degree-seeking students enrolling at Valencia for the first time will have a limited range of courses from which to choose for their first 18 college-level credits. Within the first 18 college credit hours, you will be required to take ENC1101 (3 credits), and if applicable, SLS 1122 (3 credits) or HSC1004 (3 credits) for students pending acceptance to a health sciences program and a mathematics course appropriate to your selected meta-major (3 credits). The remaining courses will be chosen from the General Education Core Courses in humanities (3 credits), science (3 credits), or social science (3 credits), and/or the introductory courses within the A.S. degree programs. For specific courses see the *Foundation Courses* on the “Program Requirements” tab. For course sequencing recommendations, see your Career Program Advisor or create an education plan by logging into Atlas, clicking on the LifeMap tab and clicking My Education Plan.

## Potential Careers

- Registered Nurse

## Salary & Earnings Information

For salary and wage information, visit: [www.floridawages.com](http://www.floridawages.com) (<http://www.floridawages.com>).

## Contacts

Future Students

Contact Enrollment Services at [enrollment@valenciacollege.edu](mailto:enrollment@valenciacollege.edu) or call 407-582-1507

Current Students

Active Valencia students who are *pending program acceptance* may meet with the pending Nursing Program Advisor in the campus Student Services department. For Information Sessions, Admission Guides, Program Applications, and the most updated information, visit the website at: <http://valenciacollege.edu/west/health/> *Accepted, in-program* students will meet with their assigned Career Program Advisor after confirming acceptance.

## Program Outcomes

- Foster open communication, mutual respect and shared decision making to achieve quality patient outcomes with respect to values, safety, preferences, needs and diversity for patient/family and multidisciplinary teams
- Integrate clinical decision-making that demonstrates evidence-based practice, competent delivery of patient care, and coordination of multidisciplinary teams to achieve safe patient centered outcomes.
- Utilize technology to communicate and promote coordination of information to mitigate errors, apply knowledge when managing resources, and facilitate safe patient care.
- Promote lifelong learning and professionalism through exploration of evidence-based practice and professional development.

## Traditional Track Curriculum

Prerequisite for Admission		Credit Hours
BSC 2093C	Human Anatomy and Physiology I <sup>++~</sup>	4
BSC 2094C	Human Anatomy Physiology II <sup>++~</sup>	4
MCB 2010C	Microbiology <sup>++~</sup>	4
PSY 2012	General Psychology <sup>++~</sup>	3
DEP 2004	Developmental Psychology <sup>++</sup>	3
ENC 1101	FRESHMAN COMPOSITION I <sup>++~</sup>	3
HUN 2202	Essen Nutrition w/Diet Therapy <sup>+</sup>	3
Humanities See Gen. Ed. Requirement <sup>~</sup>		3
<b>Year I</b>		
<b>Term 1</b>		
NUR 1021C	Nursing I <sup>++</sup>	10
<b>Term 2</b>		
NUR 1032C	Nursing II <sup>++</sup>	9
<b>Term 3</b>		
NUR 1401C	Nursing III <sup>++</sup>	9

<b>Year II</b>		
<b>Term 4</b>		
NUR 2204C	Nursing IV <sup>++</sup>	9
<b>Term 5</b>		
NUR 2823C	Nursing V <sup>++</sup>	4
NUR 2832L	Nursing VI <sup>++</sup>	2
HSC 2151	Pharmacology and Clinical Decis <sup>++</sup>	2
Total Credit Hours:		72.0

+ This course must be completed with a grade of C or better.

\* This course has a prerequisite; check description in Valencia catalog.

~ This is a general education course.

**Notes:**

All accepted applicants are required to submit applications through Valencia for a criminal background check and drug testing. Applicants for Valencia's Health Sciences Programs must be free of offenses that would disqualify them from a student clinical experience in a healthcare setting and must have their civil rights intact. This policy is in response to requirements by clinical agencies and state/federal regulations.

All specialized program courses are offered on the West Campus; some are offered at the Osceola Campus.

Specialized courses may not be offered every session or on every campus.

Upon earning the A.S. degree in Nursing, eligible applicants can continue at Valencia to complete a bachelor-level Advanced Technical Certificate (ATC) in Echocardiography (<http://catalog.valenciacollege.edu/degrees/advancedtechnicalcertificates/echocardiography/#text>) or Leadership in Healthcare (<http://catalog.valenciacollege.edu/degrees/associateinscience/nursing/nursing/%20degrees/advancedtechnicalcertificates/leadershipinhealthcare>). Additional education at the bachelor's level and professional experience can enhance skills and create more career options.