Valencia College Family Run / Walk for Heroes
Osceola Campus 5K run and 2.5K fun run

Date & Time:  
Friday, September 5, 2014  
Race Start Time is 6:30PM

Location:  
Valencia College - Osceola Campus  
1800 Denn John Lane, Kissimmee, FL 34744

Packet Pick-Up
Pre-race pick up of race number and t-shirt is at Valencia College Thursday, September 4 from 4:00PM to 7:00PM in building 4. Packets will also be available on race day starting at 5:00PM.

T-Shirts:
All participants will receive a special event day t-shirt. Shirt sizes not guaranteed for day of race entry.

Awards and Timing - 5K
Awards are given in overall, and age group categories. Overall awards are given to overall male and female, overall masters male and female. Age group awards are given 3 deep to each male and female in the following categories: 14 and Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over. This is a chip timed event.

Timing - 2.5K - this event is chip timed but for fun only. NO AWARDS will be given for this event. All participants will receive a completion time in an overall results format.

Beneficiary
All proceeds go toward the Rotary Club of Lake Nona’s Sept. 11 Memorial Fund to support Valencia scholarships for emergency responders.

Restrictions
For safety reasons, in-line skates, skateboards, and dogs will not be allowed on the race course. Headphones are discouraged. Baby joggers are welcome, all participants pushing a baby-jogger or stroller will be asked to start at the back of the starting pack.

Race Questions:
For additional race questions please email staff@racetimesports.com

All mail-in registration forms must be RECEIVED no later than Tuesday, September 2.

www.RaceTimeSports.com