

SPRING 2019

Volleyball I & II

PEL 1321C – Volleyball I (2 credit hours)

CRN	Days	Times	Room	Instructor
24370	MW	1:00-1:50p	6-105	Marek

PEL 2322C – Volleyball II (2 credit hours)

CRN	Days	Times	Room	Instructor
22031	MW	1:00-1:50p	6-105	Marek



Tennis I and II

PEL 1341C – Tennis I (2 credit hours)

CRN	Days	Times	Room	Instructor
24295	F	8:30a- 10:35a (*LS)	6-105	Marek

PEL 1342C – Tennis II (2 credit hours)

CRN	Days	Times	Room	Instructor
24296	F	8:30- 10:35a (*LS)	6-105	Marek



Mindfulness-Based Stress Reduction

HLP2930 – Mindfulness-based Stress Reduction (2 Credit hours)

CRN	Days	Times	Room	Instructor
27351	W	5:00-7:30pm (H1*)	TBD	Kavalec-Miller

SELF DEFENSE

PEM 1405 – Self Defense (2 credit hours)

CRN	Days	Times	Room	Instructor
22581	F	12:00-1:40p	6-105	Thomas



Scuba Training

PEN 1136C (2 credit hours)

CRN	Days	Times	Room	Instructor
25409	R	6:00-8:00p (*LS)	6-204	Tonner

HIP HOP I

PEM 1173 (2 Credit Hours)

CRN	Days	Times	Room	Instructor
22423	R	1:00-2:40p	6-105	Katz

HIP HOP II

PEM 1174 (2 Credit Hours)

CRN	Days	Times	Room	Instructor
22582	R	1:00-2:40p	6-105	Katz

Basketball I and II

PEL 1621C – Basketball I (2 credit hours)

CRN	Days	Times	Room	Instructor
25413	W	11:20a-12:55p	6-105	Sabourin
25415	T	1:00-2:40p	6-105	Sabourin

PEL2622C – Basketball II (2 credit hours)

CRN	Days	Times	Room	Instructor
25414	W	11:20a-12:55p	6-105	Sabourin
25416	T	1:00-2:40p	6-105	Sabourin

* (LS) Indicates Late Start class

Turn over for more great classes!