



# VALENCIA COLLEGE **LEARNING DAY 2021**

## **LEARNING SESSION 3** **1:00 – 1:50 p.m.**

### **C1. Hand Lettering & Strategies in Teaching Visual Arts Online Part 2 of 2**

**Presenters:** Amanda Kern, Kristy Pennino

**Track:** Personal Development

**Zoom Link:** <https://valenciacollege.zoom.us/j/93190129645>

This is a continuation from Session 2.

Continue the creative session with Kristy Pennino and Amanda Kern as they share tips in learning a variety of hand lettering techniques. This creative session is anticipated to be therapeutic and fun as you are introduced to techniques in hand lettering and explore learning how to brush letter, crayoligraphy, decorative lettering along with a variety of processes and examples to help you begin or advance your journey in hand lettering. Throughout their session they will also share strategies in teaching a visual arts course online to share ways faculty can teach visual art classes more effectively online.

Recommended supplies and resources for this session:

[https://docs.google.com/document/d/1vPFO2u\\_wy1MfCXKIAOb1Fv7IYKiUNyVYHOZ3DcWd7H8/edit](https://docs.google.com/document/d/1vPFO2u_wy1MfCXKIAOb1Fv7IYKiUNyVYHOZ3DcWd7H8/edit)

### **C2. QPR (Question Persuade Refer) Gatekeeper Training Part 2 of 2**

**Presenters:** Tullio Bushrui, Remy Ansiello, Fontella Jones

**Track:** Wellness

**Zoom Link:**

<https://valenciacollege.zoom.us/j/92383133105?pwd=YnhPcFFjNVp0b3hQR2JORzRraTEvUT09>

This is a continuation from Session 2-You must attend Part 1 to participate in Part 2.

Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide. These trainings are essential in establishing awareness and recognition of the warning signs of suicide, as well as resources around suicide prevention.

**C3. A Virtual Renaissance: Creating the Valencia Village Renaissance Fair**

**Presenters:** Adam Johnson, Elizabeth Faulcon, Annie Rogers

**Track:** Adaptability and Change

**Zoom Link:**

<https://valenciacollege.zoom.us/j/96397548390?pwd=SXFVM2tiN3VTbEdEbHVsU2pBK0hQZz09>

This session will discuss how we adapted Winter Park's popular Renaissance Fair event into a virtual co-curricular activity. Professor Elizabeth Faulcon will share curricular insights for creating an interactive virtual project, and Emerging Technology Librarian Adam Johnson will share how he approached information literacy instruction in the online classroom. Emerging Technology Library Specialist Annie Rogers will provide insight on technology and Digital Humanities techniques that can be used to create a more immersive experience, while also teaching students valuable technology and design skills.

**C4. There Is A 12 Year Old In My Class... Now What Do I Do?**

**Presenter:** Mike Bosley

**Track:** Adaptability and Change

**Zoom Link:** <https://valenciacollege.zoom.us/j/93931966057>

The Dual Enrollment population is growing at Valencia College, this increase in access has an impact on our classes. Our learning community needs to adapt and embrace these new learners. This session will discuss an overview of dual enrollment student demographics and strategies for engaging our dual enrollment students.

**C5. Creating Public Art: Crafting Ideas for Spring Arts Week**

**Presenters:** Rebekah Lane, Carlye Frank

**Track:** Adaptability and Change

**Zoom Link:** <https://valenciacollege.zoom.us/j/98318417908>

In this workshop, participants will be introduced to public art, and will brainstorm the ways arts integration might enhance their coursework. Interdisciplinary partnerships will be encouraged. Participants will walk away with clear ideas for Spring Arts Week Proposals.

**C6. Shifting From a Puzzle Piece to a Full Image: ASD and Neurodiversity**

**Presenter:** Jessica Hoeschen

**Track:** Equity and Inclusion

**Zoom Link:** <https://valenciacollege.zoom.us/j/96126934817>

This will be an informative session on inclusion of neurodiverse voices in society and classrooms. The session will cover an introduction to ASD, an overview of the Autism Rights Movement and neurodiversity, and ideas on how to increase accessibility of online classes for neurodivergent learners.

**C7. What's Your Syllabus Personality?**

**Presenters:** Gary Kokaisel, Melonie Sexton, Kevin Colwell

**Track:** Equity and Inclusion

**Zoom Link:** <https://valenciacollege.zoom.us/j/91079686091>

Would you describe your syllabus as an academic contract, invitation to learn, product of past student transgressions, boiler plate template, and/or something else? Join us for a discussion on how your syllabus can foster inclusivity and set the tone for an equity-minded learning environment. Please bring your syllabus and be prepared to engage in a thoughtful conversation with your faculty colleagues.

**C8. Visioning a Future for Diversity and Inclusion**

**Presenter:** Mark Collins

**Track:** Equity and Inclusion

**Zoom Link:** <https://valenciacollege.zoom.us/j/99457373962>

This session will be an interactive discussion about what does optimal DEI (Diversity, Equity and Inclusion) look like. Being that most of us has never seen it in action on a large scale, maybe we should craft what we think it should be.

**C9. Student Insights From The Book "I'm Still Here" by Austin Channing Brown**

**Presenters:** Marlene Temes, Nathan Graham, Shaelyn Taylor, Maria Thompson

**Track:** Equity and Inclusion

**Zoom Link:** <https://valenciacollege.zoom.us/j/96213411489>

As an Honors co-curricular event, students were asked to read "I'm Still Here" by Austin Channing Brown. In this session they will share the learning and insights gained from this experience.

**C10. Meet the Muse**

**Presenter:** Jill Sebacher

**Track:** Personal Development

**Zoom Link:**

<https://valenciacollege.zoom.us/j/97593060406?pwd=ZGxBWnk0eXFtL0FyRWdEanlyQjhMdz09>

Meet the Muse is an hour-long creative writing meet-up, at which current and alumni students, along with VC faculty and staff, write poetry or prose in response to at least two inspiration prompts. Participants just need their favorite journal and pen/pencil and a willingness to play.

**C11. Make Your Next Move at Valencia**

**Presenter:** Catherine Espenscheid

**Track:** Personal Development

**Zoom Link:**

<https://valenciacollege.zoom.us/j/99429861113?pwd=SDZjVjJzeXowZkNtSXl4ZjJ6UWJYQT09>

If you are considering applying for another position at Valencia, come to this workshop to learn tips to prepare. This session will focus on how to present yourself as a strong candidate for the position with an emphasis on interviewing skills.

**C12. Generative Art – Programming Code for Artistic Expression**

**Presenter:** Jerry Reed

**Track:** Personal Development

**Zoom Link:** <https://valenciacollege.zoom.us/j/99568564131>

Want to learn a little bit about using programming language code to produce simple but "artistic" designs? Work together in small teams to code a snippet and then see what happens when we put all the pieces together into one program. No coding experience is assumed, but if you do have some knowledge here, it's a great chance to help others.

**C13. Learn About The American Abstract Artist Stuart Davis and Draw Your Own Abstract Drawing**

**Presenter:** Karen Owens

**Track:** Personal Development

**Zoom Link:** <https://valenciacollege.zoom.us/j/97707186119>

Learn about the American Abstract Artist Stuart Davis and draw your own abstract drawing. All you need is paper and pencil. No skills required!

**C14. Faculty Association 101: A Behind The Scenes Look**

**Presenters:** Lauren Thomas, Michael Robbins, Lauren Gibson, Roberta Carew

**Track:** Personal Development

**Zoom Link:** <https://valenciacollege.zoom.us/j/93752679166>

Are you interested in experiencing new things, developing communication and leadership skills, meeting new people, serving your campus, and contributing to the work of the college in a meaningful way? If you are interested in one or more of the things previously listed, then Valencia's Faculty Association is right for you! Come join some of your current Faculty Council officers as we give a "behind the scenes" look at Valencia's College-wide Faculty Association.

**C15. Quick and Easy Petite Desserts, Friandises Platter**

**Presenter:** Steven Rujak

**Track:** Personal Development

**Zoom Link:**

<https://valenciacollege.zoom.us/j/93260196557?pwd=OTIZdHRJTzhTOG5hZ0VISTl5SnBCQT09>

Learn the Art of putting together a simple Friandises, (A.K.A. dessert Platter) platter for your next get together. Petite cookies, Dipped Strawberries, Candied Fruits, and an array of bite size cakes and Petitefores.

**C16. How to Get the Most from Zoom With Your Students**

**Presenter:** Jennifer Lawhon

**Track:** Remote and Virtual Technologies

**Zoom Link:**

<https://valenciacollege.zoom.us/j/92999352351?pwd=TW5sWjFLZW1Hc01pdnBRYjJMUDJxUT09>

Did you know Zoom allows you to implement several of the same teaching methods you would regularly use in a face to face setting? Being online doesn't necessarily mean we have to miss out on great learning opportunities and experiences. Come see how you can use Zoom to its full potential with your students!

**C17. Leveraging Information Security Training & Education Resources**

**Presenter:** John Knights

**Track:** Remote and Virtual Technologies

**Zoom Link:**

<https://valenciacollege.zoom.us/j/97826804537?pwd=WXNGUGh2a0xWVldKdEVLbXk1ZUduUT09>

In this session, I will cover the various information security training courses and resources available to our faculty, staff, and students to support our data security and privacy practices. The courses and resources available are applicable to both our work and personal data and devices.

**C18. Law@Work: A New Resource to Enhance Learning in an Online Environment**

**Presenter:** Matthew Kenney

**Track:** Remote and Virtual Technologies

**Zoom Link:** <https://valenciacollege.zoom.us/j/92866734059>

Law@Work is an educational technology resource created to promote legal education across academic disciplines. Law@Work utilizes storytelling via audio to engage and teach students legal concepts. Students are encouraged to visualize disputes leading to lawsuits, while learning how to avoid similar disputes in their careers. Attendees will also learn how this scalable community resource was created using existing technology, thus adding value without expense.

**C19. Adaptability and Change ODHR Roundtable**

**Presenter:** Melanie Rodriguez

**Track:** Adaptability and Change

**Zoom Link:** <https://valenciacollege.zoom.us/j/92443612765>

What can you do to have fun while social distancing? Let's share some fun things (exploration of places & activities) you've learned to do during quarantine.

**C20. A Year in the Peace Corps: Life Lessons Learned in the Mountains of Peru**

**Presenter:** Erick Sanchez

**Track:** Sustainability and Community Building

**Zoom Link:** <https://valenciacollege.zoom.us/j/96906005631>

The Peace Corps is an independent agency within the US Government that sends trained Volunteers to facilitate grassroots sustainable development in more than 60 countries around the world. In this session, a Returned Volunteer will share valuable lessons learned in service regarding equitable community building, adaptability, cultural competency, and personal resilience. While the Peace Corps experience is unique, these lessons are universal and can be applied in our local circles and spaces.

**C21. Grow Your Dinner: Sustainable Gardening in Central Florida**

**Presenter:** Taylor Brown

**Track:** Sustainability and Community Building

**Zoom Link:** <https://valenciacollege.zoom.us/meeting/93487751247>

This presentation is aimed at teaching the average person with minimal gardening experience how to create an easy garden in our local climate and maintain it. I would also cover the goals of gardening, such as a greater connection to the natural world and the happiness you gain from it, a connection to your community, and sustainably growing your own food.

**C22. COVID-19 Vaccinations**

**Presenters:** Bryan Spangler, Tanya Mahan

**Track:** Wellness

**Zoom Link:**

<https://valenciacollege.zoom.us/j/99456604127?pwd=L1M2NEZMa2toM0Z2bUx4TzBOaFk1UT09>

This session will provide an overview and discussion on the current COVID-19 vaccinations. Dr. Spangler has volunteered as a COVID-19 vaccine administrator with the Florida Department of Health, and will discuss the literature on the benefit of the vaccines. The session will also include a Valencia college facilitator to answer Valencia-specific questions.

**C23. Empathy and Self Compassion**

**Presenters:** Celine Kavelec, Lianna McGowan

**Track:** Wellness

**Zoom Link:**

<https://valenciacollege.zoom.us/j/93155768004?pwd=MGtpU3huS3hVcExWbEprREt2Q2J0dz09>

Brene Brown writes, "Empathy builds connection." In fact, empathy is a critical tool in cultivating a compassionate presence to support others in times of need. Different from sympathy, this skill can be developed in each of us and begins with the ability to show self-compassion. This workshop will lead participants through exercises that build self-compassion and empathetic responses to others.

**C24. Let's Talk: Counseling Services Trivia Edition**

**Presenters:** Jocelyn Morales, Andrea Bealler

**Track:** Wellness

**Zoom Link:** <https://valenciacollege.zoom.us/j/97015905700>

Join us for an entertaining and educational game to learn about counseling services for students, the referral process, resources and challenges students are facing during these unsettling times. (Please sign up for a free Kahoot! account prior to this session).

**C25. Grown Your Own Food With A Tower Garden**

**Presenters:** Lynda Wilson, Carolyn Drummond

**Track:** Wellness

**Zoom Link:** <https://valenciacollege.zoom.us/j/7228465405>

Lynda and Carolyn will explain what a Tower Garden is, how to set it up, what kind of vegetables you can grow, and how to harvest the food and keep up the garden. They will also explain the educational programs available for students in Pre-K through high school. The topics include literacy, math, and science exercises.

**C26. ZUMBA Fitness**

**Presenter:** Paul Daniels

**Track:** Wellness

**Zoom Link:**

<https://valenciacollege.zoom.us/j/95175445916?pwd=a2hub1BqM2xGLzJucGhvVD BjbEt3QT09>

50 minute Zumba class on Zoom which will include a warm up, cool down, and lots of fun in-between!

**C27. Get The Best of Stress (With Relevant COVID-19 References)**

**Presenters:** Cathy Richards, Optum EAP

**Track:** Wellness

**Zoom Link:** <https://valenciacollege.zoom.us/j/93137879447>

In this training, participants will get an overview of stress basics as well as practical suggestions for coping with stressful situations, like in the workplace. The concept of stress hardiness is also introduced as a focus for healthy stress management. In addition, attendees will get tools to help them dial down stress and better understand personal and organizational aspects of stress.

**C28. Social Security and Your Retirement**

**Presenter:** Kelly Craft, AIG Retirement Services

**Track:** Personal Development

**Zoom Link:** <https://valenciacollege.zoom.us/j/98724587093>

This workshop will help you understand how Social Security fits into your overall retirement income planning strategy by discussing the following topics: The cost of retirement, how Social security benefits impact retirement, strategies to maximize your benefits, and converting your retirement savings into income that meets your retirement needs.

## **C29. Exploring Local Food Systems**

**Presenter:** Maeven Rogers

**Track:** Sustainability and Community Building

**Zoom Link:** <https://valenciacollege.zoom.us/j/94628757266>

Did you know that 24% of our greenhouse gas emissions come from the agriculture and forestry industry? As we move forward to lower our carbon footprint, there is a need for our food system to be reconstructed to one that benefits people, the planet, and profit. In this session, I will discuss how the agriculture industry contributes to climate change, what the City of Orlando is doing to promote local food systems, and what you can do to participate in the solution.

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