



VALENCIA COLLEGE
**LEARNING
DAY 2022**

LEARNING SESSION 3
1:00 – 1:45 p.m.

C1. Helping Your Team Expand Their Circles of Leadership – Personal, Professional, Associational

Presenter: Daniel Barkowitz

Track: Equity and Inclusion

In this session, we will explore how we each intersect with our circles of leadership. We will start with our "Circle of Control" (our actions, thoughts, response, etc), we will move to our "Circle of Influence" (our institutions, our teams, our students), and we will finish with our "Circle of Concern" (our associations, our industry, and our social justice mission to make college affordable for all). This moving session will educate you, inspire you and challenge you to continue on your personal growth trajectory.

C2. What's up at NASA?

Presenter: Mark Guillette

Track: Personal Development

Hear about some of the exciting missions and projects NASA is working on to further our knowledge of the Earth, our solar system, and the universe. Several of the highlighted missions include the James Webb Space Telescope, the Space Launch System and Orion capsule, and the Double Astroid Redirection Test (DART).

C3. Cancelled

C5. Homework Assignment: Get Some Sleep

Presenters: Matthew Kenney

Track: Wellness

A recent tenure project revealed Small Business students are getting only six-hours of sleep nightly, significantly below the amount recommended by health professionals. Educational interventions relating the sleep-success relationship will be shared, as will qualitative and quantitative findings. Recommendations will be made towards educating students across disciplines to the negative health, safety and career repercussions of sleep deprivation.

C6. Ready, Set, Play: Building Research Skills through Games

Presenter: Devika Ramsingh, Library Team

Track: Engagement Through Technology

Let the competition begin! Participants will play a series of games connected to specific research skills.

C7. Meet the Muse

Presenter: Jill Sebacher

Track: Personal Development

For this generative, creative writing workshop, participants will just need to have their favorite journal and pen/pencil handy. During the session, we will compose poetry or prose in response to two or three inspirational prompts and share our seedling drafts if time permits/participants wish.

C8. Understanding Your Health Insurance: Saving Money With Your Health Care & Wellness

Presenters: Tom Keller

Track: Wellness

Understanding benefits — especially health insurance — is a challenge. Most of us don't think about our insurance until we're faced with health issues or an illness. Learn how you can have a better understanding of your UnitedHealthcare insurance and how to best utilize it in the most cost efficient and advantageous way. You have the opportunity to save money and get the most out of your health care simply by using the right tools, knowing your insurance plan, and choosing the right providers.

C9. A Chef's Kitchen

Presenter: Ken Bourgoin

Track: Personal Development

Ever wonder what tools, food, and cookbooks chef's use in their home kitchens. I will share tips and tricks we use in our kitchens at home. During the session we will also collaborate on what you use to make your dynamic kitchen in a busy world.

C10. Dungeons & Dragons & Development

Presenters: Zachary Kelly

Track: Engagement Through Technology

In this session I will teach the basics of D&D 5th edition. This will cover what is needed to play, character creation, and the core elements of the game. I will also offer ideas on how to incorporate lessons into the game to make learning more enjoyable. Such as making puzzles that incorporate subject material. Finally, I will give links to various resources for people to explore and learn more about D&D and other table top games.

C11. Anti-Racism Is A Verb

Presenter: Hank Van-Putten

Track: Equity and Inclusion

Guided by the PJI Principles for How We Treat Each Other, this interactive session will bring light to the difference between being a non/not racist, and being an anti-racist.

C12. Climate Change – From Local to Global

Presenter: James Adamski

Track: Sustainability and Community Building

Anthropogenic climate change, resulting from the burning of fossil fuels and deforestation, has already increased global air temperatures an average of 1.2 C since pre-industrial times. The effects of climate change are wide-ranging, from habitat loss, ocean acidification, food production and water security, to national security. The effects range from the local to the global. Many opportunities exist for fighting climate change on all levels-- from government policies to individual actions.

C13. Easy Vegetables for backyard gardening

Presenter: Greg Noonan

Track: Adaptability and Change

Learn about the 5 easiest (like really easy) vegetables to grow in Central Florida. These species require virtually no care and provide a huge amount of nutritional value. You can grow most of them in containers or in the ground. We will talk about how to find them, grow them, and most importantly, eat them!

C14. From Grading to Responding: Designing Equitable Assessment with Students

Presenter: Douglas Kern

Track: Equity and Inclusion

Too often, terms like "proper," "professional," and "appropriate" are used as measured assessment criteria for students' success. But how are these terms defined, who is doing the defining and judging, and why? How might these prescribed preferences perpetuate institutionalized racism, sexism, homophobia, and other forms of discrimination? This interactive presentation and discussion invites participants across all disciplines and roles to consider how assessment procedures and rubrics should be designed with students toward equity-minded, antiracist, and compassionate strategies. We'll explore collaboration on equity-minded and antiracist assessment procedures and rubrics that relay substantive feedback and allow conversation about students' progress and learning.

C15. Step Up to Antiracist Work

Presenters: Carmen Laguer Diaz, Mark Rivera

Track: Equity and Inclusion

Join us in a conversation about the need for antiracist work at Valencia. In this session, our conversation will use a practice called “Step up, Step back,” which encourages classroom participants to examine their expectations about participating in communal activities and open up space for everyone to contribute.

C16. Visiting Poland: Best of Eastern and Western Europe

Presenter: Aurelia Zagorska Koval

Track: Adaptability and Change

Located in Central Europe, Poland is an excellent destination for Americans wishing to get a taste of Europe, both east and west. The session will be conducted by a native-born Pole, who will introduce you to the sites, sounds, and tastes of this enchanting country.

C17. Belly Dance for Health, Fitness and Wellness

Presenter: Melanie LaJoie, Wendy Jo Moyer

Track: Wellness

Basic Belly Dance Movements executed from aligning positions of Classical Belly Dance "Raks Sharqi" (Arabic: Dance of the Middle East) with isolated movements, undulations/belly rolls, cardio folkloric steps and fun hip work.

C18. A Primer on Organization and Governance Models in Higher Education

Presenter: Paul Wilder

Track: Personal Development

This Session provides an outline of the four major Higher Education organization and governance structural models described in the literature and gives examples of each. It offers the salient features of each model and affords participants an opportunity to reflect on and discuss organization and governance observations from their experiences.

C19. Helping Student's explore beyond the academics at Valencia College

Presenters: Loren Fowler

Track: Adaptability and Change

This session will focus on students exploring and engaging in Valencia College behind Academics. So students can develop a well-round educational experience that they can apply to their Personal and Professional Journey.

C20. Trends in Higher Education Workshop – Part 2 of 2. Joint session of B20

Presenters: Amy Bosley, Carla McKnight

Track: Adaptability and Change

During this presentation, CampusWorks will introduce and lead a discussion on trends in higher education, identifying themes related to enrollment, student success, technology, and accountability that can support institutional transformational objectives. This workshop sets the stage for organizational change and is designed for a representative audience at the College, including leadership, faculty, and staff.

C21. Connecting the dots with Humanities: Pythagoras as an example of how different disciplines converge.

Presenters: Bob Warren, Ed Frame, Dr. Ryan Kasha

Track: Sustainability and Community Building

Professor Ed Frame, Dr. Ryan Kasha, and Professor Bob G. Warren discuss their ongoing collegial conversations about how the humanities and mathematics converge and shape conversations between colleagues. The aim being to enrich the connectivity between disciplines and how we address these connections in the classroom by producing a joint presentation discussing Pythagoras.

C22. Valentine’s Day and the Poetry of Love

Presenters: Mark McMeley

Track: Personal Development

Valentine’s Day is coming up and we hope you’ll join us for a survey, a run and a romp through 6000 years of humans falling in and out of love, wishing they were in love, or swearing it off forever, as we read and talk about some of our favorite poems. Ancient Sumeria and Rome, medieval Arabia and China, modern Latin America, and the everyday U.S. of A.—people everywhere write about their loves past, present and future through poetry that we’ll read together, laugh and cry about. Bring your own—in any language—write one for the occasion, or we’ll provide you with several. Your Humanities colleagues promise you learning, laughs and fun.

C23. Mathematics Pathways in Florida Update and Feedback Session

Presenters: Dr. Julie Phelps, Al Groccia

Track: Adaptability and Change

In this session you will be given an update and asked for feedback on the current status with the mathematics pathways for the state of Florida from Dr. Julie Phelps. Dr. Julie Phelps is our representative on a small committee comprised of Florida educators and administrators who are creating and proposing the mathematics pathways. This work is based on Senate Bill 366, which passed during the 2021 legislative session, modifies section 1007.23, Florida Statutes, to require the Statewide Articulation Agreement to establish three mathematics pathways for students by aligning mathematics courses to programs, meta-majors and careers. Please attend to get the latest update and give your thoughts, comments, and feedback.

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